

Psychological Counseling and Educational and Academic Guidance Policy

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Introduction and Vision

Introduction

Al-Ayen Iraqi University seeks to provide a stimulating and balanced academic educational environment that supports the comprehensive growth of students from academic, psychological, social and behavioral aspects. This policy aims to establish the organizational and procedural framework that governs educational guidance and psychological counseling programs, and provides them with support, development and organization in line with high academic and professional standards and professional ethics.

Vision

Achieving leadership in the field of psychological counseling and educational and academic guidance regionally and globally through providing integrated and distinguished counseling programs that contribute to building the personality of the university student, developing their capabilities, and achieving psychological, social and academic adjustment, thereby contributing to the sustainable development of society.

Mission and Objectives

Mission

Strengthening the psychological counseling and educational and academic guidance system at the university through providing specialized and integrated counseling services, establishing principles of mental health and personal growth, promoting ethical and humanitarian values, and building effective partnerships with the local community and specialized institutions.

Objectives

- Promoting mental health and psychological adjustment for students, faculty members and employees
- Providing an integrated counseling environment that supports the comprehensive and balanced growth of university students
- Developing students' personal capabilities and skills in problem-solving and decision-making
- Enhancing academic achievement through addressing influential psychological and social factors
- Prevention of harmful behaviors and psychological and social problems

Governance and Organizational Structure

University Presidency

The highest organizational authority for setting policies and approving strategic counseling programs, with the Assistant President of the University for Scientific Affairs at the head of the organizational structure as the policy owner and primary responsible for its implementation. Responsible for setting general strategies and supervising all educational guidance and psychological counseling activities at the university, including in its membership college deans and representatives from counseling units.

College Council

The direct executive and supervisory body, headed by the college dean and academic deputy.

Psychological Counseling and Educational and Academic Guidance Department

Manages and follows up all psychological counseling and educational and academic guidance activities and implements related policies and procedures.

Counseling Units in Colleges

Implement counseling programs and manage counseling services according to specialization and need.

Specialized Support Committees

- Psychological Counseling Ethics Committee
- Counseling Services Evaluation Committee
- Preventive and Developmental Counseling Committee
- Career Counseling and Vocational Guidance Committee
- Counseling Capacity Building Committee

- Counseling Programs Support and Development
 Committee
- Academic Counseling Committee
- Mental Health and Psychological Treatment Committee
- Psychological Crisis Management Committee
- Academic Communication Committee

Sub-Policies - Part One

1. Educational and Psychological Counseling Ethics Policy

- Commitment to student rights and confidentiality of personal and counseling information
- Review of counseling services by the Psychological Counseling Ethics Committee
- Prevention of conflicts of interest and ensuring integrity in providing counseling services

2. Specialized Counseling Services Policy

- Providing individual and group counseling to students according to their needs
- Developing preventive counseling programs for psychological and behavioral problems
- · Providing academic counseling to improve academic achievement and address learning difficulties

3. Counseling Programs Support and Development Policy

- Establishing standards and mechanisms for evaluating counseling services quality
- Supporting internal and external counseling partnerships
- Following up on implementation of counseling programs and evaluating them periodically

Sub-Policies - Part Two

4. Integrated Student Counseling Policy

Encourages providing comprehensive counseling services to students through:

- Supporting new students in adapting to the university environment
- Providing specialized counseling programs for outstanding students and students with special needs
- Establishing specialized counseling centers within colleges
- Allocating regular individual and group counseling sessions

5. Mental Health and Prevention Policy

Aims to promote mental health and provide preventive services through:

- Mental and psychological health awareness programs
- Establishing centers for psychological support and psychological crisis management
- Developing programs for prevention of harmful behaviors and addiction
- Providing primary psychological treatment services and referral to specialists