

**Al-Ayen Iraqi University**



# **Laboratory Safety and Risk Assessment Guide**

For Students and Workers in Educational Laboratories



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# Introduction

## Importance of Laboratory Safety

- ✓ Scientific progress in the laboratory field is witnessing continuous development through the use of chemical, biological, and radiological materials.
- ✓ The responsibility for implementing safety procedures falls on all laboratory workers to protect lives and property.
- ✓ Providing a safe environment for students and researchers enhances efficiency and effectiveness in scientific laboratory performance.



Scientific Research



Protection & Prevention






Emergency Response

## Guide Objectives




- 🎯 Promoting a culture of preventive safety and raising awareness of its importance in educational institutions.
- 🎯 Clarifying procedures for safely handling hazardous materials and laboratory equipment.
- 🎯 Providing guidelines for the safe disposal of various types of laboratory waste.

# Promoting Safety Culture in Educational Laboratories

## Components of Safety Culture

-  Teamwork and individual responsibility strengthen safety culture through collaborative cooperation and personal commitment.
-  Teaching safe practices as a top priority in educational curricula and training workshops.
-  The laboratory manager's role in implementing safety standards and ensuring compliance from all staff and students.

## Applying and Enhancing the Culture

-  Regular inspection and maintenance programs ensure sustainability and effectiveness of safety procedures.
-  Motivating and recognizing adherence to safety standards among laboratory students and staff.
-  Continuous evaluation and updating of safety procedures according to developments and international standards.



Safety Culture







Shared Responsibility





Continuous Improvement

# Safety Requirements and Necessities

## Basic Safety Requirements

-  Qualified administrative and supervisory staff trained in laboratory management and handling various emergency situations.
-  Selection of appropriate laboratory locations away from residential areas, taking into account safe design standards.
-  Providing clear written instructions and policies for laboratory work and handling hazardous materials.
-  Advanced safety systems including early warning systems, ventilation and fire fighting systems.

## Commitment to Safety Procedures

-  Laboratory staff commitment to safety procedures stems from their personal sense of responsibility toward themselves and others.
-  Periodic inspection of laboratory equipment and devices to ensure their safety and fitness for use.



Personal Protection



Fire Fighting



Hazard Warning



Periodic Audit

# General Safety Guidelines and Instructions

Safety signs and signals are essential for hazard prevention and protecting lives in the laboratory environment. These signs are classified according to the following colors:

**Prohibition Signs (Red Color)**

Indicate prohibited activities or materials



No Smoking



No Entry



No Phone Use

**Mandatory Signs (Blue Color)**

Indicate mandatory safety procedures



Use Safety Glasses



Wear Face Mask



Wash Hands

**Information Signs (Green Color)**

Provide safety information and guidance



First Aid






Emergency Exit






Eye Wash Station

# Personal Protective Equipment (PPE)

## Eye and Face Protection Equipment

-  Safety glasses: Essential for protecting eyes from splashes, airborne chemicals, and glass fragments.
-  Full-face shield: Provides comprehensive protection for face and neck from exposure to hazardous materials and splashes.
-  Avoid contact lenses: They may absorb chemical vapors and cause serious eye irritation.

## Body and Respiratory Protection Equipment

-  Lab coats: Provide protection for clothes and skin from chemical spills and contamination.
-  Protective gloves: Available in various types (latex, nitrile, vinyl) to protect hands from different chemical substances.
-  Respirators and breathing apparatus: To protect the respiratory system from toxic gases, vapors, and harmful particles.



### Safety Shower and Eye Wash

Essential emergency equipment for immediately washing chemicals spilled on the body or eyes.



### Fire Fighting Equipment

Fire extinguishers suitable for different materials (A,B,C,D) and fire blankets.






### First Aid Kit




Contains necessary materials for handling minor injuries before obtaining medical assistance.

# Laboratory Safety Systems and Technologies

## Fire Extinguishing Systems

-  Various fire extinguishers: Dry powder, carbon dioxide, and foam extinguishers, each with specific use according to fire type (Classes A,B,C,D,K).
-  Automatic sprinkler systems: Activate when temperature rises and provide continuous coverage for large laboratory areas.
-  Gas suppression systems: Provide a safe alternative for extinguishing fires in laboratories containing sensitive electronic equipment.

## Extraction and Ventilation Systems

-  Chemical fume hoods: Prevent harmful vapors from reaching the breathing zone of laboratory workers.
-  General ventilation systems: Ensure air exchange at a rate of 6-12 times/hour to maintain a safe laboratory environment.
-  HEPA filters: Prevent fine particles and biological materials from exiting high-hazard laboratories.



### Leak Detection Sensors

Detect toxic and flammable gas leaks



### Emergency Exits

Clear, illuminated, and easily accessible without obstacles






### Hazardous Materials Storage

Fire-resistant and leak-proof cabinets






# Early Warning Systems and Emergency Management

## Detection and Warning Technologies

-  **Conventional System:** Works by dividing areas into groups, where an entire zone activates when danger is detected, suitable for small and medium-sized spaces.
-  **Addressable System:** Gives each detection device a unique address through which the location of danger can be precisely determined, facilitating rapid response in large laboratories.
-  **Analytical Comparison System:** Combines multiple readings to analyze the situation and avoid false alarms by comparing many variables before issuing an alert.

## Types of Detectors and Sensors

-  **Heat Detectors:** Respond to sudden increases in temperature or exceeding a certain threshold, suitable for chemical laboratories.
-  **Smoke Detectors:** Detect smoke particles in the air, available in optical and ionization types, necessary in all laboratories.
-  **Gas Detectors:** Designed to detect leakage of hazardous gases such as carbon monoxide, methane, and other toxic gases.



Early Warning






Evacuation Plan






Emergency Response

# Introduction to Chemical Safety in Laboratories

## Chemical Safety Concepts

-  A set of procedures and practices aimed at protecting laboratory workers from various chemical hazards.
-  Based on understanding the physical and chemical properties of materials and their potential interactions with each other or with the environment.
-  Includes knowledge of the risks associated with each substance: toxicity, flammability, corrosion, reactivity, etc.

## The Need for Classification, Storage, and Risk Analysis

-  Scientific classification of chemicals according to GHS and NFPA standards is essential for understanding and avoiding risks.
-  Safe storage prevents dangerous reactions between incompatible materials and reduces the likelihood of accidents.
-  Risk analysis helps establish appropriate preventive measures and effective emergency plans.



Safe Handling



Chemical Hazards



Emergency Preparedness

# Chemical Hazard Classification (GHS, NFPA, IMDGC)

Hazardous chemicals are classified according to multiple global classification systems, the most important are:

GHS - Globally Harmonized System

NFPA - National Fire Protection Association

IMDGC - International Maritime Dangerous Goods Code

## 1. Explosives



Materials capable of producing gases at temperature, pressure, and speed that can damage surroundings

GHS: Class 1.1-1.6

NFPA: 4

## 5. Oxidizers and Peroxides



Materials that cause or contribute to the combustion of other materials by releasing oxygen

GHS: Class 1-3

NFPA: OX



## 2. Compressed Gases

Gases contained under pressure, liquefied, dissolved or severely refrigerated

GHS: Class 2

NFPA: Variable



## 6. Toxic and Infectious Materials

Materials that cause death, serious injury or health damage when ingested or inhaled

GHS: Class 1-5

NFPA: 3-4 (Health)



## 3. Flammable Liquids

Liquids with flash point  $\leq 60^{\circ}\text{C}$  or remain flammable

GHS: Class 1-4

NFPA: 3-4



## 7. Infectious Substances

Materials containing microorganisms capable of causing disease to humans or animals

GHS: Special Class

IMDGC: 6.2



## 4. Flammable Solids

Solid materials that ignite easily or may cause fire through friction

GHS: Class 1-2

NFPA: 2-3



## 8. Corrosive Materials

Materials that cause destruction to living tissues or corrode metals upon contact

GHS: Class 1

NFPA: 3 (Corrosion)

Note: Always refer to Safety Data Sheets (SDS) for detailed information about each chemical

# Chemical Warning Signs and Safety Data Sheets (MSDS)

## Warning Signs and Symbols

### Global GHS System (Globally Harmonized System)



Acute Toxicity



Flammable Materials



Warning



Oxidizer

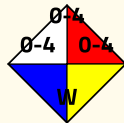


Biohazard



Corrosive Materials

### NFPA System (National Fire Protection Association)



Red

Flammability

Blue

Health Hazards

Yellow

Instability

White

Special Hazards

## Safety Data Sheets (MSDS)

Documents providing essential information about chemicals and safe handling procedures.

### MSDS Content:

- **Product Identification:** Name and chemical composition
- **Hazards Identification:** Health and environmental effects
- **First Aid Measures:** Emergency procedures
- **Firefighting Measures:** Appropriate extinguishing methods
- **Accidental Release Measures:** Cleaning procedures
- **Storage and Handling:** Safe storage conditions
- **Exposure Controls:** Permissible exposure limits

### Importance of Using MSDS:

- Providing necessary information for emergency response
- Compliance with global standards and regulations
- Training workers on safe handling of materials
- Identifying appropriate personal protective equipment

MSDS sheets must always be available in the laboratory for reference when needed

# Safety Requirements in Chemical Laboratories

## Isolation and Storage of Chemicals

- ✓ Separate reactive and incompatible chemicals according to compatibility tables approved by GHS and NFPA.
- ✓ Store chemicals in designated cabinets with appropriate ventilation systems and secondary containers to contain spills.
- ✓ Place clear instructions on all containers including the full name of the substance, receipt date, expiration date, and potential hazards.



Safe Storage



MSDS Documentation



Proper Ventilation







Protective Equipment

## Chemical Management System

- 📋 Implement a complete inventory system for chemicals including available quantities, expiration dates, and storage locations.
- 📋 Provide Material Safety Data Sheets (MSDS) for all chemicals used in the laboratory and keep them in a prominent place.
- 📋 Conduct periodic inventory audits and remove expired or damaged materials following safe disposal procedures.

# Chemical Hazards in Laboratories

## Types of Chemical Hazards

-  **Explosions and Fires:** Resulting from flammable and oxidizing materials such as gasoline, alcohol, and organic solvents. They can cause severe damage to facilities and personnel.
-  **Toxic Gases and Liquids:** Such as mercury, chlorine, ammonia, and cyanide, which can cause poisoning or suffocation when inhaled at certain concentrations.
-  **Leaks and Spills:** May lead to laboratory contamination or dangerous reactions due to the mixing of incompatible materials, especially acids and bases.
-  **Corrosive Materials:** Such as concentrated acids and strong bases that cause chemical burns to the skin and eyes upon contact.



**Fire and Explosion Hazards**



**Poisoning and Health Damage**







**Spills and Leaks**



**Corrosion and Burns**

## Prevention and Control Methods

-  **Hazard Substitution and Elimination:** Replacing hazardous materials with less dangerous ones when possible, and reducing their quantities.
-  **Engineering Controls:** Using effective ventilation systems, fume hoods, and remote handling tools for highly hazardous materials.
-  **Administrative Controls:** Training personnel, providing Safety Data Sheets (MSDS), written safe work procedures, inventory and documentation of materials.
-  **Personal Protective Equipment:** Using gloves, safety goggles, lab coats, and respirators according to the nature of the materials being used.

# Control of Chemical Material Hazards

## Hazard Control Hierarchy

- ✕ **Elimination & Substitution:** Remove hazards at the source or replace hazardous materials with less dangerous ones.
- ⚙️ **Engineering Controls:** Isolate hazards through cabinets and mechanical systems such as ventilation systems and fume hoods.
- 📋 **Administrative Controls:** Implement safe work policies, procedures, training, and instructions.
- 🧑 **Personal Protective Equipment:** The last resort for protection when other measures are not sufficient.

## Hazard Control Procedures

- 📋 Identify and assess chemical hazards before starting laboratory work.
- 🔪 Separate and store materials according to their chemical compatibility and use appropriate containers.
- 🌀 Ensure effective ventilation systems are in place and maintained regularly.
- 🔔 Develop emergency response plans and conduct regular drills.

Elimination

Substitution

Engineering Controls

Administrative Controls

Personal Protective Equipment

Control Effectiveness

Most EffectiveLeast Effective



# Dealing with Chemical Injuries

## Chemical Burns

### 1 Remove the Cause Immediately

Remove contaminated clothing and keep the chemical away from the body

### 2 Wash the Affected Area

Using clean running water for at least 10-15 minutes

### 3 Neutralize the Chemical

Use appropriate neutralizing substances based on the type of chemical causing the burn

### 4 Seek Medical Help

Call emergency services or transport the injured person to the hospital

## Eye Injuries

### 1 Wash Eyes Immediately

Use an eye wash station or clean water for 15-20 minutes

### 2 Open and Close Eyes

Move eyes in all directions during washing to ensure removal of the substance





### 3 Do Not Rub Eyes

Avoid rubbing eyes to prevent spreading the chemical and increasing damage

### 4 Do Not Use Neutralizers

Do not use any chemicals to neutralize the substance in the eye

## General Guidelines

-  Report any injury to the supervisor immediately, no matter how minor
-  Document the incident, nature of injury, and causative substances
-  Know the locations of eye wash stations and emergency showers
-  Be familiar with the contents of the first aid kit





# Safe Chemical Storage

## Safe Storage Principles



### Store only what you need

Avoid storing large quantities of chemicals and order only what is necessary for work



### Store in the right location

Store materials in designated areas according to their physical and chemical properties



### Refer to Safety Data Sheets (MSDS)

Ensure safety data sheets are available for each chemical and read them carefully



### Separate incompatible chemicals

Separate materials that may react with each other and cause hazards

## Chemical Compatibility Chart

| Compatibility   | Acids | Bases | Oxidizers | Flammables | Water Reactives |
|-----------------|-------|-------|-----------|------------|-----------------|
| Acids           | ✓     | ✗     | ✗         | !          | ✗               |
| Bases           | ✗     | ✓     | !         | !          | ✗               |
| Oxidizers       | ✗     | !     | ✓         | ✗          | !               |
| Flammables      | !     | !     | ✗         | ✓          | !               |
| Water Reactives | ✗     | ✗     | !         | !          | ✓               |



Compatible



Store with Caution






Not Compatible

## Additional Safe Storage Tips:




- Store chemicals below eye level
- Avoid storing heavy items on high shelves
- Use secondary containers to prevent spills
- Ensure all containers are properly labeled with receipt date and expiration date
- Implement a periodic inventory system for stored chemicals

# Chemical Waste Disposal


## Classification and Collection of Chemical Waste


-  Separate chemical waste according to their properties: acidic, basic, oxidizing, organic solvents, heavy metals.
-  Use appropriate containers for each type with clear labels showing their contents and hazards.
-  Avoid mixing chemically incompatible materials and maintain accurate records of waste quantities and sources.


## Treatment and Disposal Methods

-  Chemical treatment: neutralization of acidic and basic materials, deactivation of reactive chemicals.
-  Thermal treatment: incineration of hazardous organic materials in special incinerators at high temperatures.
-  Landfill: placing treated materials in secure hazardous waste landfills designed to prevent leakage.

## Color-Coding System for Waste

 **Red:** Highly hazardous materials  
Toxic, carcinogenic, radioactive materials

 **Yellow:** Reactive chemicals  
Oxidizing, explosive, flammable materials

 **Blue:** Solvent materials  
Organic solvents, alcohols, acetone



**Recycling and Recovery**

# Introduction to Biological Safety and Hazard Classification

## Definition of Biosafety

- ✓ A set of principles, techniques, and practices aimed at preventing unintentional exposure to biological agents or their accidental release.
- ✓ Includes preventive measures to protect laboratory workers, the environment, and the community from the potential risks of biological materials.
- ✓ Encompasses laboratory engineering design, safety equipment, and safe work procedures.

## Biosafety Levels (BSL)

### Level One (BSL-1) - Low Risk:

For work with well-characterized agents not known to cause disease in healthy adults. Requires standard laboratory techniques and no special protective equipment.

### Level Two (BSL-2) - Moderate Risk:

For work with agents that pose moderate hazards. Requires personal protective equipment and special procedures for waste disposal.

### Level Three (BSL-3) - High Risk:

For work with agents that cause serious or potentially lethal diseases. Requires special ventilation, advanced protective equipment, and negative airflow.

### Level Four (BSL-4) - Maximum Risk:

For work with dangerous and exotic agents with a high risk of life-threatening disease with no available treatment. Requires pressure-resistant isolation suits and complete isolation cabinets with complex ventilation systems.



Low Risk (BSL-1)



Moderate Risk (BSL-2)






High Risk (BSL-3)



Maximum Risk (BSL-4)

# Safety Requirements in Biological Laboratories

## Safe Entry and Exit Procedures

-  Restricted access for authorized personnel only with a special entry and exit log to track who was in the laboratory.
-  Wearing complete personal protective equipment (PPE) before entry and removing it in a specific sequence when exiting.
-  Mandatory hand washing before entering, after exiting the laboratory, and when changing gloves.



Biological Hazards






Personal Protective Equipment



Sanitized Transition Areas

## Good Microbiological Techniques (GMT)




-  Disinfect work surfaces before and after each procedure and at the end of the day using appropriate disinfectants.
-  Use closed handling practices with samples and tightly sealed sample collection containers.
-  Immediately segregate biological waste according to the approved biological waste classification system.

### Additional Guidelines for Biological Laboratories:




- Strictly prohibit eating and drinking inside the laboratory
- Ban the use of cosmetics or touching face and eyes while working
- Report any spill or contamination incident immediately to the supervisor, no matter how minor
- Ensure all open wounds are covered before entering the laboratory

# Animal House Management and Requirements

## Hygiene and Disinfection

-  Daily cleaning and disinfection of cages and rooms using approved disinfectants specifically for animal laboratories.
-  Provide an appropriate ventilation system to reduce the accumulation of odors and harmful gases with regular filter changes.
-  Establish separate clean and dirty zones with clearly defined movement paths for workers.

## Infection Control Procedures

-  Periodic examination of animals and early detection of diseases with immediate isolation of sick animals.
-  Restrict unauthorized persons from entering the animal house area with accurate visitor logs.
-  Vaccinate staff against common diseases and provide regular medical examinations for them.

## Animal Waste Management

-  Place animal waste in leak-proof containers with clear biohazard markings.
-  Dispose of waste using safe methods such as steam sterilization or incineration under controlled temperatures.



Animal Care



Biological Safety






Animal Waste Management

# Biological Protection Equipment

## Biological Safety Cabinets (BSC)

### Classification of Biological Safety Cabinets

-  **Class I:** Provides protection for personnel and the environment through air filtration via HEPA filters, but does not provide protection for the sample.
-  **Class II:** Provides protection for personnel, environment, and the sample using continuous airflow and filtration.
-  **Class III:** Completely enclosed cabinets that provide the highest degree of protection for handling extremely hazardous agents.



Protection from Biological Hazards






Thermal Sterilization



Sterilized Ventilation Systems

## Sterilization Devices (Autoclave)

### Autoclave Features and Characteristics

-  **Steam Sterilization:** Works at high temperatures (121–134 °C) and elevated pressure to kill microorganisms.
-  **Sterilization Cycle:** Usually takes 15–45 minutes depending on the nature of materials to be sterilized.
-  **Uses:** Sterilization of laboratory equipment, treatment of biological waste before disposal.

**Important Note:** Periodic maintenance must be performed for all biological safety equipment

# Biological Waste Management

Biological waste is classified according to its hazard level and collected in specialized colored bags for safe handling. These wastes are treated using several methods depending on their type and hazard level.

## Color-coded Biological Waste Classification



### Red Bags

- Highly infectious waste
- Human and animal tissues
- Blood and blood products
- Contaminated sharps
- Bacterial and viral cultures



### Yellow Bags

- Low-hazard infectious waste
- Materials contaminated with body fluids
- Used gloves and masks
- Dressing materials and bandages
- Used laboratory samples



### Black Bags

- General non-infectious waste
- Packaging materials
- Non-contaminated tissues
- Food waste
- Administrative waste

## Biological Waste Treatment Methods



### Thermal Sterilization

- Using autoclave (121°C)
- Pressurized steam for 30-60 minutes
- Suitable for: Yellow and red bags
- Effective for killing bacteria and viruses



### Incineration

- Burning at high temperatures (>1000°C)
- Volume reduction by 90%
- Suitable for: Red bags with highly infectious materials
- Converts waste to non-infectious ash





### Chemical Disinfection

- Using chlorine or ammonium compounds
- Immersion in disinfectant solution for specific periods
- Suitable for: Tools and surfaces before disposal
- Not suitable for high-hazard infectious waste




Note: Local and international protocols must be followed when handling biological waste, and all staff should be trained in safe classification, collection, and treatment methods.

# Radiation Safety in Laboratories

## Types of Radiation

-  **Ionizing Radiation:** Alpha particles, beta particles, gamma rays, X-rays, and neutron radiation that can cause changes in atoms and molecules by removing electrons.
-  **Non-Ionizing Radiation:** Radio waves, microwaves, infrared, visible light, and ultraviolet radiation that have enough energy to move atoms but not enough to ionize them.

## Common Laboratory Applications

-  **Research Applications:** Radioisotope tracing, structural analysis, material characterization, and therapeutic development.
-  **Analytical Techniques:** X-ray crystallography, nuclear magnetic resonance (NMR), mass spectrometry, and neutron activation analysis.
-  **Medical Applications:** Diagnostic imaging, radiotherapy, sterilization of equipment and supplies, and radiation biology research.



**Ionizing Radiation**



**Non-Ionizing Radiation**







**Radiation Protection**



# Classification and Identification of Radioactive Sources

## Classification of Radioactive Sources by Radiation Type

-  **Alpha radiation ( $\alpha$ ):** Heavy positively charged particles, limited penetration ability through materials but dangerous when inhaled or ingested.
-  **Beta radiation ( $\beta$ ):** Negatively charged electrons, medium penetration ability that can penetrate skin and tissues.
-  **Gamma radiation ( $\gamma$ ):** High-energy electromagnetic waves, very high penetration ability requiring lead or concrete shields.
-  **Neutrons:** Neutrally charged particles, easily penetrate materials and require special barriers made of water or paraffin.



Radiation Hazard Symbol



Dose Measurement Devices



Protective Shields



## Radiation Measurement Units

### Sievert (Sv) / Millisievert (mSv)

Unit for measuring effective and equivalent radiation dose received by humans

### Gray (Gy)

Unit for measuring absorbed dose in matter

-  Annual exposure limit for radiation laboratory workers: 20 millisieverts
-  Annual exposure limit for the general public: 1 millisievert

### Initial Instructions

- Time: Reduce exposure duration
- Distance: Stay away from the source
- Shielding: Use protective barriers

# Radiation Warning Signs and Classification

Radiation warning signs and symbols are used globally to alert about radiation hazards and identify their levels. These signs are classified as follows:

## Ionizing Radiation (Ionizing Radiation)

International symbol for ionizing radiation (trefoil symbol)



Indicates the presence of ionizing radiation sources such as:

- Gamma rays
- X-rays
- Alpha and beta particles
- Neutrons

## Enhanced Radiation Symbol (Enhanced)

Additional warning symbol for highly dangerous radioactive materials



Used to warn against:

- Very strong radioactive materials
- High-activity sealed radiation sources
- High-level radioactive waste

## Non-Ionizing Radiation (Non-ionizing)

Symbols for different types of non-ionizing radiation



Electromagnetic radiation



Electrical radiation



Ultraviolet radiation






Laser radiation

## Warning Signs Usage Locations

| Sign Type                    | Usage Locations  | Required Action  |
|------------------------------|--|--|
| Ionizing Radiation Signs     | X-ray laboratories, sterilization rooms, radiography areas               | Wear protective equipment, limit exposure time                   |
| Enhanced Radiation Symbol    | Radioactive waste storage, research reactors, nuclear fuel storage sites | Access restricted to specialists, advanced protection procedures |
| Non-Ionizing Radiation Signs | Laser laboratories, communication equipment, UV exposure areas           | Use protective eyewear, avoid direct exposure                    |

# Radiation Protection Equipment and Exposure Management

## Radiation Protection Shields and Barriers

-  **Lead Shields:** Lead sheets of various thicknesses (1-2 mm) are used to absorb X-rays and gamma rays, and are used in protective coats and lead glasses.
-  **Lead Glass Barriers:** Allow visibility while blocking radiation, used in X-ray rooms and radioactive work cabinets.
-  **Insulated Containers and Cabinets:** Designed from radiation-insulating materials to safely store radioactive sources and prevent radiation leakage.



**Radiation Protection Symbol**






**Personal Protective Equipment**



**Radiation Protection Principles**

Time ■ Distance ■ Shielding

## Radiation Measurement and Monitoring Devices

-  **Personal Dosimeter:** Worn by workers to measure the cumulative radiation dose they are exposed to.
-  **Portable Radiation Survey Devices:** To detect radiation levels in different areas and ensure there is no radioactive contamination.
-  **Radiation Alarm Devices:** Provide audio and visual alerts when radiation levels exceed permissible limits.

### Three Principles of Radiation Protection



#### **Time**

Reduce exposure time



#### **Distance**

Increase distance from source






#### **Shielding**

Use protective barriers

# Exposure Control and Evacuation Plans

## Radiation Exposure Protection Principles

-  **Time:** Minimize exposure duration to radioactive sources to reduce absorbed dose. The shorter the exposure time, the lower the radiation dose.
-  **Distance:** Maintain maximum possible distance from radioactive sources. Radiation intensity decreases with the square of the distance.
-  **Shielding:** Use appropriate barriers (lead, concrete) for protection from radiation. The shield must be selected according to the type of radiation.



Control of Radioactive Sources






Personal Protection






Evacuation Routes

## Monitoring and Evacuation Procedures

-  **Periodic Monitoring:** Use personal dosimeters and radiation survey meters to ensure radiation levels are within safe limits.
-  **Medical Examinations:** Conduct regular health check-ups for radiation laboratory workers to detect any health effects.
-  **Evacuation Plans:** Maintain clear and practiced evacuation plans for radiation contamination incidents with designated assembly points.

# Radioactive Waste Management and Disposal

## Classification of Radioactive Waste

-  Low-Level Radioactive Waste: Such as contaminated clothing, gloves, tissues, and laboratory consumables.
-  Intermediate-Level Radioactive Waste: Such as resins used in purification, filters, and contaminated packaging materials.
-  High-Level Radioactive Waste: Such as spent nuclear fuel and waste resulting from its processing.



Collection of Radioactive Waste



Classification by Radioactivity Level







Long-Term Storage



Monitoring and Surveillance

## Treatment Methods and Safe Storage

-  Conversion to Inactive Materials: Retaining short-lived waste until it naturally decays to a safe level.
-  Integration with Other Materials: Melting radioactive waste with glass (vitrification) to stabilize it and prevent its spread.
-  Sealing in Containers: Placing waste in thick metal containers surrounded by cement cylinders for isolation.
-  Continuous Monitoring: Tracking radiation levels and potential leakage using advanced measuring devices.

# Reference Tables and Appendices

## Quick Check Lists

### General Safety Checklist:

- ✓ Personal protective equipment is available and in good condition
- ✓ Emergency exits are clear and unobstructed
- ✓ Fire extinguishers are ready and within expiration date

### Chemical Safety Checklist:

- ✓ All materials are properly classified and labeled
- ✓ Incompatible materials are stored separately
- ✓ Safety Data Sheets (MSDS) are available and up-to-date

## Procedure Reference Table

| Incident Type   | Required Action                           | Responsible Person    |
|-----------------|---|-----------------------|
| Chemical Spill  | Use absorbent materials, isolate the area | Lab Supervisor        |
| Small Fire      | Use appropriate fire extinguisher         | Trained Personnel     |
| Large Fire      | Evacuation and fire alarm activation      | Evacuation Officer    |
| Personal Injury | First aid and call for assistance         | Certified First Aider |

### Application Examples:

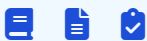
#### Example 1: Acid Spill

Use sodium carbonate ( $\text{Na}_2\text{CO}_3$ ) to neutralize the acid, then absorb the liquid with absorbent materials available in the spill kit.

#### Example 2: Biological Contamination

Disinfect the area with 10% sodium hypochlorite ( $\text{NaClO}$ ) solution, then clean the area with soap and water after 15 minutes.

For more details and templates, please refer to the complete safety manual or visit the Laboratory Safety Department



# Conclusion

## Importance of Implementing the Safety Guide

This guide represents a roadmap for students and workers in educational laboratories for the safe handling of chemical, biological, and radioactive materials, and promoting a culture of occupational safety in the academic environment.

The strict application of laboratory safety rules and procedures contributes to protecting lives and property and increases the efficiency of laboratory work to achieve scientific and educational goals.



**"Safety is Everyone's Responsibility"**

## Key Points



Laboratory safety responsibility falls on everyone - administration, staff, and students



The necessity of continuous training and development of skills and knowledge in the field of safety



The importance of periodically reviewing safety procedures and updating them according to global developments

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**Al-Ayen Iraqi University**

Asst. Prof. Dr. Enas Razaq Kadhim

Dr. Montadher Farid Ramadhan

# Acknowledgments and Thanks

## Special Thanks

We extend our sincere gratitude to Al-Ayen Iraqi University for their continuous support and commitment to creating a safe academic environment for students and laboratory workers.

We would also like to acknowledge the safety committee members who contributed their expertise and time to develop this comprehensive laboratory safety guide.



**"Together for a Safe Academic Environment"**

## Appreciation



To the University Administration for providing resources and support for safety initiatives



To laboratory supervisors and technicians for implementing safety protocols



To all who contributed scientific knowledge and international safety standards to this guide

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### Contact Information:

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